

# CAPITOL HILL VILLAGE

OCTOBER 2010

# NEWS

## Harvest Fests Past...and Soon



**C**ome again on Saturday, October 2, 3:00–5:00 pm, to the Townhomes on Capitol Hill (750 6th St. SE) and celebrate our third anniversary.

We will honor our 170+ volunteers, grown from 50 at the Capitol Hill Village launch in October 2007. The Geoff Lewis Volunteer of the Year will

**Above: At our previous anniversary celebrations, Capitol Hill Village volunteers, members and friends enjoyed tasting different varieties before choosing apples to take home. If weather permits, find Karl Schwengel's Model T truck and you will also discover the 2010 apples.**

be revealed, joining previous winners Sylvia Moreas and Mike Neuman.

► *continued on page 5*

## Join the Village for a Livelier, More Independent Future

*By Mary Procter, CHV President*

If you are reading this article and are not yet a member of Capitol Hill Village, please take a moment and think about joining. Becoming a member of the Village puts a stake in the ground. It says to your family and friends that you are not entertaining plans to move to a warmer climate, or a peaceful part of Maine, or to Chicago to be near your daughter; you plan to stay in this neighborhood.

Joining the Village makes you part of a group that can bring about a much better future for all of us as we prepare for the challenges that come with aging. As a *Washington Post* article last January called "Mom, Mum, and Mamam" made clear, it is much easier to continue to live a rich independent life,

► *continued on page 4*

### IN THIS ISSUE:

- 2 October CHV Monthly Calendar
- 3 Message from Gail Kohn
- 6 Want a New Neighborhood Friend?
- 8 How I Spent My Summer
- 9 A Fall Tale — I've Been Hijacked!
- 10 Financial Expert Says...
- 11 Random Musings:  
A Radiology Lesson

## Upcoming Events and Programs

Friday, September 24 • *New time this month only: 2:00 pm*  
Southeast Library, 7th and D Streets SE

### Balance Class

Join other members in this monthly balance class, which will help you recognize that strength and agility are the best defenses against falls. Practice skills that will keep you on your feet. The class is taught by a physical therapist volunteering from Physiotherapy Associates.

Please RSVP with CHV office.

*Members only*

► *September Events continued on page 12*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>26</b>	<b>27</b> Start planning and preparing your desserts for the October 2 Harvest Fest! See page 1	<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b> <b>CHV Harvest Fest,</b> 3-5 pm, see page 1
<b>3</b>	<b>4</b> Call the office by 3pm to reserve a spot at the Oct. 5 dinner, see page 12	<b>5</b> Dinner at Café Berlin, 6:30 pm, see page 12	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> How to Hear Better, 11:00 am, see page 13
<b>17</b> Fox on the Fairway, time to be decided	<b>18</b>	<b>19</b> Literary Club, <i>Islam: A Short History</i> , 6:00 pm, see page 13	<b>20</b>	<b>21</b> Managing Your Digital Photos, 1:00 pm, see page 13 Cosmos & Cosmetics, 6:30 pm, see page 13	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> Balance class, 11:30 am, see page 14	<b>30</b> Potluck Dinner, 6:30 pm, see page 14
<b>31</b> Boo!						

For more information about any event, or to reserve a space at an event, call the CHV office at 202.543.1778 during regular office hours (9 am to 5 pm) or e-mail [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

**Capitol Hill Village News** is sent to you every month to catch you up on what's happening, alert you to who's who and ask your participation in other features. We are interested in your feedback.

**To reach us:**

Phone: 202.543.1778

E-mail:  
[info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

Internet:  
[www.capitolhillvillage.org](http://www.capitolhillvillage.org)

Mail: PO Box 15126,  
Washington, DC 20003

**To unsubscribe**, please send a message to [unsubscribe@capitolhillvillage.org](mailto:unsubscribe@capitolhillvillage.org)

**For membership information**, please go to [www.capitolhillvillage.org](http://www.capitolhillvillage.org) and click on "Become a Member"

---

**Capitol Hill Village Leaders**

Mary Procter, President of the Board

Gail Kohn, Executive Director

Katie McDonough, Community & Social Services Director

**Capitol Hill Village News Team**

Editor: Diane Brockett

Activities Coordinator:  
Judy Canning

Designer: Roxanne Walker

Copy Editor: Jim Hardin

Web Site: Neal Mann

## From the Executive Director...

**T**he Harvest Fest, our annual celebration of the Capitol Hill Village launch in October 2007, focuses on having fun together and honoring our many active volunteers.

Capitol Hill Village is asked regularly by developing and newer villages around the country to explain why we have so many active, enthusiastic volunteers.

Our answer? Capitol Hill is special. Neighbors here want to help one another. With that foundation, attracting and retaining volunteers is easy, so long as we keep in mind our simple philosophy—make the experiences of volunteering *guilt-free and laden with feelings of self-worth*.

The twenty or so office-support volunteers, who work in the office regularly, know they may make many calls to find the one volunteer for a task—because those they contact, who are likely to be interested, may not be home, have other plans or just prefer to do something else. That's okay; it's what we expect. "Just say No" — Nancy Reagan's famous sentence applied in her campaign against drug use — is repeated frequently by all associated with Capitol Hill Village.

It is understood that Capitol Hill Village volunteers must *want to*



fulfill member requests. Over 80 percent of the 230 plus requests for transportation, technology assistance, home help, errand running, and gardening in recent months were undertaken by 175 plus Capitol Hill Village volunteers. (Half of Capitol Hill Village members volunteer. One third of the volunteers are 30 or less.)

I know, and you may know, that there is a group for whom that sentence, "Just say No" does not apply. The Capitol Hill Village Board of Directors take responsibility not only to set policy and oversee the organization's activities, but also to lead important

► *continued on page 4*

### Members: Convince a Friend to Join Capitol Hill Village and Celebrate Together!

*We invite you to join our fall campaign for new members.*

Thanks to donations from Village members, we are offering **\$50 gift certificates to dine out**. If the friend(s) joins before January 1, 2011, both you and any new member(s) you recommend each will receive a certificate. Contact Capitol Hill Village for details.

---

## Executive Director *continued from page 3*

organizational activities. They always say Yes.”

Officers **Mary Procter**, president; **Louis Kincannon**, vice-president; **Ed Missiaen**, treasurer; **Jim Hardin**, secretary; **Margaret Crenshaw** (who also chairs the public policy committee) and **Frank Allen**, assistant secretaries; and **Geoff Lewis**, president-emeritus and founder, are joined — often via e-mail exchanges and at meetings — by **Pontheolla Abernathy** (2010 nominating committee chair, now interim membership chair), **Faith Brightbill** (membership events coordinator), **Jon Genderson** (fundraising chair), **Mike**

**Neuman** (grantwriter extraordinary), **Neal Mann** (website guru), and **Dr. Deb Edge** (who shares the board seat with her spouse Neal and advises the Capitol Hill Village board and me on health care issues), **Enrique Gomez** (technological advisory committee chair), **John VonKannon** and **Terrance Thompson** (both fundraising committee members).

This board works behind the scenes to accomplish whatever must be done; not only to govern, but also to magnetize and cheerlead for Capitol Hill Village. None are eligible for the Geoff Lewis Volunteer of the Year award. They deserve special thanks and kudos

for what they do. I hope you will join me by acknowledging their importance, when you see them.

You can do so at the Harvest Fest at Townhomes on Capitol Hill Community Center on Saturday, October 2<sup>nd</sup> from 3:00 to 5:00 PM. Between bites of dessert or apples, look around for pumpkin-shaped nametags. Introduce yourself, if you see someone you do not know. In addition to kudos for their energizing work, please tell them why you are part of the Capitol Hill Village family.

—Gail Kohn

---

## Join the Village *continued from page 1*

even while coping with various physical and mental disabilities, in Great Britain and France than it is in the United States. People in the United States often have to move sooner than they would like to assisted living or a nursing home. There are inadequate services and inappropriate housing to support them in living in their own homes or nearby. Or their families have to make extraordinary arrangements for up to two-dozen people to take care of them, at great expense.

The Capitol Hill Village already is making it possible for about 40 people, who might otherwise have to move, to stay in their homes on the Hill, providing volunteers to take their pets to the vet, drive them to weekly medical appointments, or fix things in their houses that aren't working. Vendors of such services as home care and home maintenance are chosen carefully and monitored

by Village staff for high quality service responsive to the wishes of the Village member.

However, the work of the Village to prepare for the future goes well beyond care of our current members that need intensive assistance. Executive Director Gail Kohn and Village volunteers are working with politicians such as Tommy Wells and various nonprofit and for-profit organizations to identify the services and housing which would make it possible for people to live on the Hill even after suffering some kinds of disabilities.

If you join mostly for the future (as Bill and I and another 200 people have), you can reap great benefits for the present. Village vendors are prompt, responsive, and do excellent work. Bill and I have used three of them with great success. Village volunteers do anything, typically while making it fun or interesting.

They taught us how to house-clean our laptops and took meticulous care of our garden while we were away.

So the bottom line is: join to strengthen your neighbors' ability to advocate for a better future for us as we age; join to support the Village in providing support to people who really need it now; and get great current benefits now while practicing how to use Village services when you really need them.

### Renew Your Membership Now—and \$Save

Why not renew for two to three years to lock in the current membership fees (\$530 for individuals and \$800 for households of two or more)? We will not be raising member dues in 2011, but we are assessing the need to raise them in January 2012.

# Capitol Hill Village Harvest Fest *continued from page 1*

## CHV Geoff Lewis Volunteer of the Year Award

2008 — Sylvia Moreas

2009 — Mike Neuman



And the 2010  
Volunteer of the Year  
Award goes to ...

?

See who wins at the  
Harvest Fest!

The 2010 Harvest Fest dessert contest will accept any sweet concoction, although the fall season may encourage competitors to focus on fall fruits. In 2008, only apple desserts were accepted, while in 2009 any fruit could be used as the central ingredient.

Kids of all ages again will be invited to prepare bird feeders for Capitol Hill birds.

The Model T truck will return and serve as a carrier for free apples to take home. The US Department of Agriculture

has once again agreed to share their unusually crisp and tasty varieties with us.

### Special for 2010?

If you are present when drawings occur, Capitol Hill Village has two additional gifts you may win.

As in previous years, you'll want to enter the drawings for prize-winning desserts. At this Third Annual Harvest Fest, one lucky winner will receive Capitol Hill Village membership for a year. Individuals or households are eligible. You also will have the chance to win a crisp \$100 bill.

How to participate? *Bring along the postcard you received inviting you to this event.* You'll be able to place it in the container from which the prize winners will be selected. (Those who forget their cards will be able to write another entry.)

You must join us at the 2010 Harvest Fest to enter the drawings and be present to win.

### You are invited to enter your favorite dessert.

Please make two. One will be used for judging and serving to those who attend. The other will become a drawing prize, if your dessert wins a prize (or, if not, also served to our guests). We need lots of entries, so plenty of dessert is available. Only homemade entries are accepted. Contact Capitol Hill Village, if you are willing to become a contestant.



The 2009 dessert contest winners were, from left, Kathy Washburn, Pam Causer, and Katie McDonough. Pam's winning Cranberry-Apple Pie with Raisins is pictured above.

# Want a New Neighborhood Friend?

By Diane Brockett

Your ANC could be one of your best DC friends, especially if you are familiar with it.

One ANC member suggested that 50 to 70 percent of his neighbors may know him as an ANC member. However, he added “probably 30 percent know what that means.”

Advisory Neighborhood Commissions — ANCs — provide neighborhood scuttlebutt. When a neighbor is dreaming of creating an eight-unit, bed-and-breakfast, or adding a third story in a block where houses are only two stories, or a restaurant that might draw drinkers and others to an already small back alley — Capitol Hill residents learn how to make their views known at their ANC.

At a recent zoning committee meeting of ANC 6B (SE Capitol Hill), an adult mother and daughter and their recognized architect were scheduled to discuss their plan to add a second-story to their adjacent rear garages. Four other speakers waited to voice their strong opposition: they don't want their backyard views changed and feeling of space diminished.

Finally, the ANC group told the women to return with better drawings, and urged them to talk with their neighbors.

In fact, “talk with your neighbors” was advice the ANC zoning group expressed repeatedly to individuals seeking approval on their building plan.

At the ANC6 zoning session, ANC 6B member Norman Metzger (who is a CHV member) introduced draft legislation to



establish guidelines instructing residents planning exterior modifications to their property to obtain the views of their neighbors. The push is to get neighbors to talk with neighbors about planned changes — before approaching the ANC.

The District of Columbia's ANCs were created in the 1976 Home Rule Charter, a suggestion of Rep. Dan Frazier of Minnesota.

An ANC, in essence, is an unpaid, elected voice for neighborhoods on public and government issues — a citizen's closest voice to the government.. There are 37 such commissions within the District's 8 wards. Each ANC is made up of single-member-district (SMD) representatives who are elected by their 2,000 neighbors.

The city currently has about 286 SMDs. Capitol Hill's Ward 6 includes four ANC's.

ANCs meet at least 11 times yearly, their zoning boards and other extensions much more frequently. Terms are two years, and

Kirsten Oldenburg (Capitol Hill Village member) and Francis Campbell worked during a committee meeting of ANC6B.

a citizen must have 15 signatures to be put on a ballot. Some seats are uncontested but others involve heated contests, especially when a long-timer is retiring. (In the 1990s, there was one controversial race in which most sitting members were dumped.) If an SMD seat is contested, neighborhood residents gather one night to vote.

An ANC does not decide if you can enlarge your home or cut down several trees. An ANC is advisory — presenting advisory views to the District agencies, of the executive branch and City Council, independent agencies, boards and commission, and federal agencies.

Equally important, ANCs must be given prior notice if any DC government agency or office is considering action that is going to affect their area; and the law requires that ANC's comments

► continued on page 7

---

## Neighborhood Friend *continued from page 6*

must be given “great weight.” The ANCs — sometimes ignored by an agency — received new muscle under a 2000 Council action requiring an agency to specify why the ANC’s recommendation is not persuasive.

The significance — they are required to be noticed on issues, and then their opinion listened to — is far beyond what private citizen voices can do alone.

Various departments must notify the affected ANC of a proposed action. The ANC is required to meet publicly on issues, and send a written recommendation to the appropriate agency.

This includes, but is not limited to, DC government decisions regarding planning, streets, recreation, social services program, education, health, safety, budget and sanitation. No surprise, the Alcoholic Beverage Control Board and various ANCs are in frequent contact about neighborhood concerns.

If ANCs are not unique in the United States, there definitely are very few. New York City has neighborhood representative groups, but they are appointed by elected officials.

Another interesting aspect is that ANCs do not control pools of public money. Early in their operation, ANCs had good budgets for staffing and office space, but District problems have brought that down to \$20,000 to \$30,000 an ANC.

This has cut down staff, and led to good-will use of rental space, The ANC can purchase a computer but not motor vehicles; provide only cookies and not

sandwiches; can’t buy tickets for benefit shows, movies, or out-of-town travel; no partisan political activities. While an ANC cannot spend funds on litigation, it can hire an attorney to represent it before boards and commissions, and to conduct legal research.

While some DC residents reach a needed city department by calling 411 and being referred, ANC members have a liaison list to contact in every city department, notes Nick Alberti, an ANC 6A commissioner (he serves on the CHV Endowment Trust). “If a resident has trouble getting response or is just looking for information, ‘call your ANC member. The assigned city staff person does work with us, or we can more quickly get you in touch with the staff who can help.”

Typically, Kirstin Oldenburg of ANC 6B (Capitol Hill Village member) gathered a list for the city of concerned neighbors who want construction reports on the 11th Street bridge. She also straightened out with the 5th District police station that neighbors can get more than two temporary parking permits if they are having a party, and worked with all concerned when patients arriving for a regular shot at a clinic made the corner spot a hang-out.

Issues now before 6B, Oldenburg said, include talking about creating some new biking lanes and putting in a speed camera near 11th Street SE. The addition of many four-way stop sign corners in neighborhoods to slow down traffic has been a conversation and action involving all four ANCs.



Nick Alberti, a member of the new CHV Endowment Trust, serves on the ANC 6A.

ANC 6C is involved in the long talks on air rights over the tracks in the rear of Union Station — one that greatly will affect height of new buildings in the area. ANCs 6C and 6A, which work at either end of the H Street corridor, have worked for a bus line for the busy street.

One plus factor, Alberti said, is that mixed income housing is included among plans underway on the street.

The ANCs on Capitol Hill shouldn’t be considered representative in terms of issues of all ANCs in the city. Police and crime are the topics of some neighborhoods, street rebuilding, parks, or cleaner alleys in others. A few ANCs just have monthly “talks” on issues of interest.

Maybe not surprising in this city which only was given Home Rule in the 1970s, several DC City Council members began their political work as a local ANC member.

---

# How I Spent My Summer

*By Julie Maggioncalda*

For the past four months, I have had the pleasure of being embedded in the day-to-day activities of Capitol Hill Village. During this time, I've had the opportunity to engage with many of you while coordinating events, fulfilling service requests, and/or conducting research for the Village.

Interning at CHV afforded a number of valuable academic and nonacademic learning opportunities, with my main task for the summer involving an extensive research assignment. Upon the request of CHV staff, I spoke with more than forty Village members about their passions, their feelings about Capitol Hill Village, and their hopes for the future of the organization. Village members welcomed me into their homes, met with me at local shops, and spoke with me over the phone to discuss candidly Capitol Hill Village, often offering insightful suggestions.

Village members had an impressive enthusiasm for the continued success of the Village, as well as a number of interesting ways to achieve this success. Members provided insight on everything from the challenges of attending Village events to improving communication with volunteers. I compiled the feedback and suggestions, presented it to CHV staff, and completed a few different projects that will be integrated into Village procedure next month, including a new accessibility rating system for all events.



Summer-long CHV intern Julie Maggioncalda (center), who easily melded into Capitol Hill Village staff, worked with shorter-term interns Wing Sum and Edmond Chen of China during their visit.

Throughout this process, I was struck most by the dedication of the members with whom I spoke. They were engaged and enthusiastic to discuss the future of CHV, clearly demonstrating their passion for the organization. Members of Capitol Hill Village know its value and want to continue to see the organization succeed.

As I'm sure most of you are aware, CHV contains a plethora of moving parts that are monitored with impressive dedication by Village staff, Board members, members, and volunteers. I have come to realize that it takes a village to run the Village. Spending the summer at Capitol Hill Village has taught me the true definition of a "community organization." It has a lot more to do with passion and purpose than any of my textbooks ever let on.

As I continue to pursue a Master's degree in social work and move

forward to another social services agency, I will look back fondly at the summer of 2010 and my time with CHV. I would like to commend everyone for the impressive culture that you have maintained at Capitol Hill Village. Although the late-night e-mails, last-minute volunteer requests, and occasional periods of confusion must be draining at times, I hope that you continue to be committed to the mission of Capitol Hill Village. Your passion undeniably has made it what it is today, and I am eager to see where it will take it in the future.

Thank you for allowing me to share in your dedication this summer.

*(Note: Julie currently is living in DC and commuting to the University of Pennsylvania Social Policy and Practice, where she is working toward a Master's degree in Social Work.)*



# A Fall Tale — I've Been Hijacked!

By Mike Grace

The other day, at breakfast, I got a call from my daughter-in-law. "Are you traveling again?" she asked.

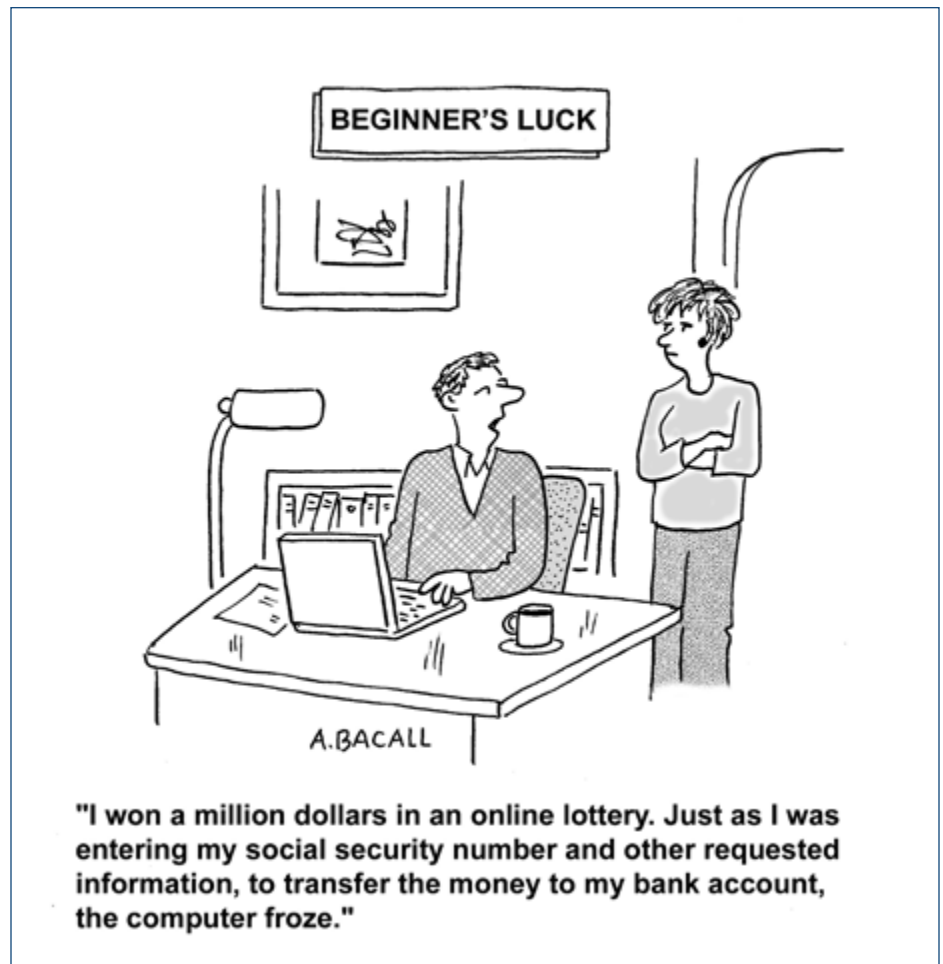
"Why no; we are sitting at home eating breakfast," I replied.

She just had received an e-mail from "me" saying that I was stranded in Wales and needed money. There was a Web link that led to a Western Union site where she was to wire money. Knowing the way we travel, she thought maybe we had taken off for Wales without telling her!

I immediately ran up to my computer, knowing that something bad was going on. I had heard of this scam. A hacker somehow gains access to your e-mail and hijacks it to send out an e-mail to everyone on your e-mail address list. The e-mail appears to be from you, and it tells a tale of desperate need through some misfortune and asks for money.

I tried to log into my G-mail account, but was denied access because my password no longer was valid. The hacker had changed it. G-mail has a feature that allows you to send your e-mail to another account. Luckily, I had activated this feature. Google sent an e-mail my wife's G-mail account. It contained instructions that allowed me to access my G-mail account and reset my password.

My plan was to send an e-mail to everyone in my address list in G-mail, telling them that the e-mail they had received was a scam — ignore it. What I found was that my entire address list had been DELETED! I also discovered that someone else also



was using my account that very moment. Although I was unable to contact a live person at G-mail, I did learn that someone with an IP address in Malaysia was accessing my account.

Of course, the reason for wiping out my address list was to prevent me from doing exactly what I had planned to do — send another e-mail warning people that the first e-mail was a hoax.

I started receiving e-mails and phone calls from people wanting to help, so I was able to start passing the word that it was a scam. Luckily, most people that sent e-mails to me were asking for more information or for me to prove who I was before sending any money. That was very wise.

I don't know how the scammers got into my e-mail. They must have compromised my password in some way. I have changed my password and have not seen any evidence that they have been able to get back into my account. I am going to drop my current account and open a new one, just in case the old one has been compromised completely.

I also changed the passwords on my checking accounts and other accounts that have money in them on the slim possibility that the hackers had gotten into my computer. I don't think they have, because G-mail resides at Google. Your e-mail account is not actually on your computer. When you

► *continued on page 10*

---

## Financial Expert Says...

*"There are ways to give and gain."*

Bill Phillips is a supporter of Capitol Hill Village and a registered investment advisor. Last summer, he resigned from the Capitol Hill Village Board of Directors to become the manager of the Capitol Hill Village Endowment Trust. (You can read about the creation of the Endowment Trust by linking to the Capitol Hill Village website)

Bill Phillips is a widely known Capitol Hill leader who acquires clients (like most well-respected professionals) through personal recommendations, including many Capitol Hill Village members who have sought his financial advice.

In the months ahead, Bill Phillips will write pieces for the Capitol Hill Village *News* about ways you can give and gain.

Among the topics Bill will cover on how and why to give to the Capitol Hill Village Endowment Trust, you'll read about the advantages of contributing:

- ▶ cash (including automatic deductions)
- ▶ via the Combined Federal Campaign
- ▶ using matching gifts
- ▶ appreciated securities, including mutual funds and stock in a company you own
- ▶ IRA charitable rollovers (when you are old enough)
- ▶ real estate (including giving while you still are using)
- ▶ by establishing memorial accounts
- ▶ describing the tax consequences.



Bill Phillips, manager of the Capitol Hill Village Endowment Trust

Bill also will be writing about how Endowment Trusts have served other public organizations.

AND please submit your questions. Bill's responses will be shared with other readers, as well.

---

## E-mail Scams *continued from page 9*

log in, you are going to Google's computers to see your e-mail. The e-mails all are stored on their computers, not yours.

Finally, as heartless as it sounds, don't fall for anyone's pleas for help on the Internet or through your e-mail. Think about your friends. How would they contact you if they needed help? They would call you. Or they might send an e-mail with detailed instructions on how you could contact THEM. They would not have you wiring money to some anonymous Western Union account.

So I hope that you won't be victimized by this scam on either end: by having your e-mail hijacked or by sending money to an anonymous scammer while trying to help a friend in need.

### How can I help prevent a scam from happening to me?

Microsoft.com suggests that the following could help you avoid online fraud.

- ▶ Delete spam. Do not open it or reply to it, even to ask to be removed from a mailing list. When you reply, you confirm to the senders that they have reached an active e-mail account and make yourself vulnerable to further abuse.
- ▶ Use caution when you click links in e-mail messages, text messages, pop-up windows, or instant messages. Instead, type Web addresses in a Web browser, or use your online Favorites or bookmarks.
- ▶ Do not open e-mail attachments or click instant message download links unless you know who sent the message and you were expecting the attachment or link.
- ▶ Create strong passwords and avoid using the same password for your bank and other important accounts.
- ▶ Check your bank and credit card statements closely to identify and report any transactions that are not legitimate.
- ▶ Never pay bills, bank, shop, or conduct other financial transactions on a public or shared computer or over a public wireless network. If you do log on to public computers, look for computers on networks that require a password, which increases security.

## RANDOM MUSINGS

# A Radiology Lesson

By Leo Orleans

After over 49 years of faithful service in our bedroom, the little radio that provided us with PBS entertainment and information as well as accurate time of days and nights, finally decided to poop out. Oh, I gave it a few raps and squirted some WD-40 into whatever cavities were available, but to no avail. It was sad to lose an old friend, but since Radio Shack is located just two blocks from our house, I decided to splurge and head out for a new radio. Simple? Used to be — but that's when life was a lot simpler, too.

As I walked into Radio Shack, a young man met me and asked if he could be of service. I said, "yes and thank you," and told him I would like to buy a radio. Even though he may have been a new employee, with a big RADIO SHACK above the door, I was surprised that he had to ask another sales person for their location. Fortunately, he did recognize what they look like because when we got to the specified isle and shelf, he quickly pointed them out

to me. And it was a good thing he did, because I never would have recognized any of the items on the shelf as radios. I explained to the sales guy that I was looking for an inexpensive, AM/FM radio without a bunch of bells and whistles that these days tend to accompany any item that needs to be plugged in. We already plug in a coffee pot and my wife's curling iron.

Since my man was of no help, I picked up and examined every one of about seven radios on the shelf and finally came up with one that filled the bill. It was a little over six inches long, in the shape of a large kosher salami, with a flat bottom, a little "shelf" on the top with six buttons, clearly displayed the time (even in the dark) and had a price tag of just over \$20. It was, of course, made in China.

At home, I pulled out my trusty little penknife, undid the cardboard box, pulled out the radio, and the 20-page booklet of instruction — albeit half in Spanish — and plugged it into



an electrical outlet to listen to WAMU. At that point, I noticed that on top of the little buttons there were little writings which said, BAND, SLEEP, AL.OFF, AL1.SET, AL2.SET, TIME.SET and under four of the buttons it said, POWER ON, POWER OFF, STORE, and MEMORY. I also noticed that on one side of the display window, in even smaller letters, it said PM and ALARM 1 and on the other side it said POWER, MHz, KHz, ALARM 2, and SLEEP/ALARM.

Because I want to forget the embarrassment of it all, what happened next is vague already. I know I set the radio next to my wife's side or the bed, and I remember that every now and then we actually managed to manage it. Most of the time, however, we struggled, obviously pushed the wrong buttons, said some unmentionable words, and finally, in frustration, I unplugged the thing and hid it from view.

I now am in search of a deserving young person who would be delighted to receive a free, attractive, and hardly used radio. Oops! I misspoke. A young person would not know what to do with it. I'm looking for a middle-aged nuclear scientist who thinks he might like to have a radio in his basement or attic.

## Renew Your Membership— and \$\$ave

We encourage you to renew for two to three years to lock in the current membership fees (\$530 for individuals and \$800 for households of two or more).

Our costs increase over time as we pay more for such budget items as insurance and give quality pay increases to our wonderful staff. It is our objective to keep the membership fees as reasonable as possible and to that end we will not be raising them in 2011, but we are assessing the need to raise them in January 2012.

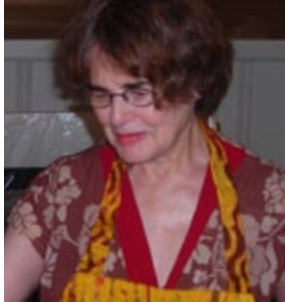
---

## Upcoming Events and Programs *continued from page 1*

---

Friday, September 24 • 6:00-8:00 pm  
H Street Playhouse, 1365 H Street NE

### You're invited!



...to the opening reception of CHV member Claire Kincannon's solo art exhibit, "Eyes Still on the News," at the H Street Playhouse. You also are invited to attend the preview performance of "You're a Good Man Charlie Brown," which follows Claire's reception,

for the discounted price of \$10 a ticket. Both shows will run through Sunday, October 17th.

If you wish additional information on "Charlie Brown," contact the producing director: [anne\\_kohn@hotmail.com](mailto:anne_kohn@hotmail.com) or call/e-mail Claire Kincannon at 202-543-5220 / [dancingink@aol.com](mailto:dancingink@aol.com)

*Open to all*

---

Saturday, October 2 • 3:00-5:00 pm  
Townhomes of Capitol Hill, 750 6th Street SE  
Fully accessible

### Enjoy Fall's Arrival – Harvest Fest!

Join in the many festive activities at Capitol Hill Village's third anniversary Harvest Fest. Official business for the afternoon will be the awarding of the Geoff Lewis Volunteer of the Year (extra-large ribbon) Award. Also, enthusiasm will be needed for clapping for the first, the second and the third best desserts provided by CHV member/cooks.

This fall's dessert contest is wide-open in terms of entries: any and all desserts or sweets, although good-health argues for then to use fall fruit of some type. Bakers are asked to bring two (of the same dessert) so the judges can work fairly, and plenty is left for the Harvest-goers to sample.

So plan to keep the first Saturday of October open on your calendar, and join us for Capitol Hill Village's Third Birthday. You'll be assured of carrying home a filled bag of fall apples. (Read more about the event on page 1 of this issue.)

+++++

Don't forget to sign up for the festival's cooking contest. Whether it be your family favorite, or a new dessert or sweet recipe you want to explore, please sign up by calling CHV at 202.543.1778 or [info@capitolhillvillage.com](mailto:info@capitolhillvillage.com).

Please remember: the Village will be giving members a cookbook of the Harvest recipes, so you also will be receiving a request to e-mail your recipe to the compiler.



---

Tuesday, October 5 • 6:30 pm  
(by reservation only)

322 Massachusetts Avenue, NE

A few stairs to enter

### Dinner at Cafe Berlin

Join us for dinner at Cafe Berlin, a popular Capitol Hill dining spot since 1986, serving traditional German dishes "with a lighter touch." We are being offered a 3-course, \$25 fixed-price meal with choices between two appetizers and three entrees, finishing with a dessert of blueberry crumb cake. The \$25 cost includes taxes and gratuities. Beverages (including coffee) are additional, charged on an individual basis. CASH ONLY.

Please call the CHV office (543-1778) with your *reservation by 3 p.m. on Monday, October 4*. For easy conversation, we request tables for no more than six diners. Open to members and volunteers.

For more information about Cafe Berlin, go to: <http://www.cafeberlindc.com>

► *continued on page 13*

Please RSVP to all events, and let the Village Office know if you need a ride, by calling 202.543.1778, during regular office hours or by e-mailing [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

---

## Upcoming Events and Programs *continued from page 12*

---

Saturday, October 16 • 11:00 am

Private home—A few stairs down to enter

### How to Hear Better

We all have hearing losses. What can we do to hear better? Steve Lotterman will lead a question and answer session about hearing loss and hearing aids. Steve Lotterman has a PhD in Audiology and was a Research Audiologist for the Veterans Administration and Professor of Audiology at Gallaudet University. Call the office to sign up and learn the address.

*Members only*

---

Sunday, October 17 • Call for time

Signature Theatre, 4200 Campbell Avenue,  
Arlington (Shirlington)

### A Fox on the Fairway

A tribute to the great English farces of the 1930's and 1940's, this comedy by Ken Ludwig is a hilarious romp which pulls the rug out from underneath the stuffy denizens of a private country club. A madcap adventure about love, life, and man's eternal affair with...golf.

We are working on a group rate for either the matinee or evening performance. Details will be e-mailed in the weekly *Events and Inquiries* as they become available. If you do not receive e-mails from the Village, call the office to find out further details, such as time and ticket price.

*Members and guests*

---

Tuesday, October 19 • 6:00 – 7:30 pm

Private home—Stairs to enter

### Literary Club

*Islam: A Short History* (2000), by Karen Armstrong, is a concise chronicle of the social, political, and economic forces that shaped Islamic tradition, from the Prophet Muhammad to the Ayatollah Khomeini and the rise of the Taliban. Topics covered include the life and work of Muhammad and his followers, the Crusades, the Mongol invasions, the Ottoman Empire, the discovery of gunpowder, limitations of an agricultural economy, English and

Please RSVP to all events, and let the Village Office know if you need a ride, by calling 202.543.1778, during regular office hours or by e-mailing [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

French colonialism, the evolution of Shia and Sunni traditions, and the emergence of Europe in the sixteenth century. Karen Armstrong's lucid history demonstrates that the world's fastest growing faith is more complex than its modern fundamentalist strain might suggest.

Call the office to sign up and learn the address.

*Members and volunteers*

---

Thursday, October 21 • 1:00 – 3:00 pm

Northeast Library, 7th St. and Maryland Ave.  
2nd floor meeting room — fully accessible

### Managing Your Digital Photos

Did you miss this offering in June? CHV member Casey Chandler once again will give tips on uploading your photos to your computer, renaming them (admit it, DCS59786 doesn't tell you that the photo is your cousin Melba wearing a lampshade at the family reunion) and saving them someplace where you can find them again.

Time permitting, Casey will demonstrate how you can clean up old family photos with Adobe Photoshop Elements. A free trial edition of Photoshop Elements is downloadable on the Adobe Website [www.adobe.com](http://www.adobe.com)

Do you have a laptop you can bring? Let the office know when you sign up.

*Members only*

---

Thursday, October 21 • 6:30 – 8:30 pm

Private home—Stairs to enter

### Cosmos and Cosmetics

Spend an evening sipping Cosmos\* and munching nibbles while picking up beauty tips from two "mature" make-up mavens. Our make-up artists, Susan Boyd, of Wear it Well, and Terri Prell do not

► *continued on page 14*

---

## Upcoming Events and Programs *continued from page 13*

sell cosmetics; they like looking great. They will talk about style options and uses of make-up to enhance your look. Bring in your own favorite cosmetics for suggestions on its best use. Come join us, pick up some fresh ideas and maybe you will be the lucky one chosen for a make-up makeover. Call the office to sign up and find out the address.

\*Cosmos/Cosmopolitans are the favorite sweet/sour drink of Sex and the City.

*Members and guests*

---

**Friday, October 29 • 11:30 am**  
Southeast Neighborhood Library, 7th & D Streets,  
SE, Fully accessible

### **Balance Class**

Join other members in this monthly balance class, which will help you recognize that strength and

agility are the best defenses against falls. Practice skills that will keep you on your feet. The class is taught by a physical therapist volunteering from Physiotherapy Associates. Please RSVP to the CHV office.

*Members only*

---

**Saturday, October 30 • 6:30 pm**  
Private home—Stairs with railing to enter

### **Potluck Dinner**

Join fellow Village members at the home of Margaret and Ed Missiaen for a buffet dinner. They will prepare a main dish. Bring an appetizer, vegetable, salad, dessert, or bread. Wine is always welcome. Call the office to learn the address and say what dish you plan to bring.

*Members only*

## **Arena Stage at the Mead Center for American Theater**

Have you driven past Arena Stage recently and been amazed at how the complex has been transformed? Here is your chance to see its first production back home, OKLAHOMA!, and other plays for an excellent price. Half-price tickets for groups of



10 or more to shows at the Arena Stage 2010–2011 Inaugural Season are listed below. However, this offer is subject to availability. **Please phone the CHV Office at 543-1778 as soon as you read this newsletter, or by Tuesday, October 5 for these half-price specials.**

[www.arenastage.org/](http://www.arenastage.org/)

1. Rogers and Hamerstein's OKLAHOMA! at the Fichandler on Sunday, November 21 at 1:00 p.m. Prices range from around \$40-50.
2. Anna Deavere Smith's LET ME DOWN EASY at the Kreeger on Saturday, January 15 at 8:00 p.m. Prices range from around \$38 to \$45.
3. THE ARABIAN NIGHTS at the Fichandler on Sunday, January 16 at 7:30 p.m. with prices from \$38 to \$45.
4. Edward Albee's WHO'S AFRAID OF VIRGINIA WOOLF? at the Kreeger on Sunday, February 27 at 7:30 p.m. with prices from \$38 to \$45.
5. Edward Albee's AT HOME AT THE ZOO at the new Cradle Theater on Saturday, March 5 at 2:00 p.m. The Box Office will be contacted for price quotes.

**REMEMBER, WE NEED A MINIMUM OF 10 PEOPLE TO GET THESE HALF-PRICE TICKETS. THEY WILL PROBABLY SELL OUT QUICKLY. CALL THE CHV OFFICE NOW.**